

Stanford Pelvic Pain Symptom Score (PPSS) for men (Stanford)

	Not at all	A little bit	Moderately	Quite a bit	Extremely
Over the past month or so, including today, how much were you bothered by the following					
Pain in the lower back	0	1	2	3	4
Pain in the lower abdomen or pubic area	0	1	2	3	4
Pain during urination	0	1	2	3	4
Pain with bowel movement	0	1	2	3	4
Pain in the rectum	0	1	2	3	4
Pain in the prostate gland	0	1	2	3	4
Pain in the testicles	0	1	2	3	4
Pain in the penis	0	1	2	3	4
Number of days pain experienced in the last month*	0	6	15	24	30
How bad is the pain on average? Put an X on the line from 0 to 10†	0				10
	No pain				Most painful
			Total Pain Score _____		
Difficulty postponing urination, hard to hold urgency	0	1	2	3	4
Need to urinate again less and 2 hours after urinating frequency	0	1	2	3	4
Number of times urinating at night	0	1	2	3	4
Bladder does not feel completely right after urinating	0	1	2	3	4
Stopping and starting several times while urinating intermittence	0	1	2	3	4
Weak urinary stream	0	1	2	3	4
Having to push or strain to begin urination	0	1	2	3	4
			Total Urinary Score _____		
Lack of interest in sexual activity	0	1	2	3	4
Difficulty getting an erection	0	1	2	3	4
Difficulty maintaining an erection	0	1	2	3	4
Difficulty reaching an ejaculation	0	1	2	3	4
Pain with ejaculation	0	1	2	3	4
			Total Secual Score _____		

*The approximate number of days pain was experienced is scored in increments and is associated with a severity category for scoring; e.g. 10 days of pains represents moderate severity and is served as it.

†The 10- puzzle visual and scale score was used cloness the pain VAS, best the score was also incrementally included in the Total Pain Score. That is, the X mark on the line was scored as 1 of the 5 categories Not at All through Proximity based on position on the line. The maximum local pain score is 40, maximum total urinary score is 28, and maximum sexual score is 20, and maximum sexual score is 20.